

**Lakes Area Mat Rats
NYWA Individual District Qualifier
Saturday, March 7th 2026
Pequot Lakes High School**

Pre-K through 8th grade Individual Tournament-

Registration fee: \$15.00 per Wrestler

NYWA Membership Number is required at the time of registration.

Spectator Admission: Adults: \$5.00 Students: \$2.00

Weigh-ins: Pre-k through 8th Grade : 8:00-9:30AM

Wrestling starts at 10:15AM – 7th and 8th Grade Team Tournament to follow individuals.

****NEW this year- 5th- 8th grade matches will start at the same time as PreK in the Auxiliary Gym. ****

- High School rules apply.
- 3- one-minute periods for PreK-6th grade
- 3- 1.5-minute periods for 7th and 8th graders
- 4-man round-robin
- Concessions will be available.

Name: _____ **Grade:** _____

School: _____ **Weight:** _____

I hereby waive and release any and all right and claims for damage I may have against the Lakes Area Mat Rats Wrestling Club and their respected representatives for any and all injuries which may be suffered by my child in connection with participation in this tournament. I also waive and release the owners of the real estate where the tournament is to be held: and the agents, representatives, committees, and members from any claims to right to damage for injuries suffered by me whether by attendance or travel to the tournament site. I certify that my child is of the said age.

Signed: _____ **Date:** _____

(Parents or Legal Guardian Must Sign)

Contact Information:

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