

Lakes Are Mat Rats
NYWA Individual District Qualifier
Saturday, March 8th, 2025
Pequot Lakes High School

Pre-K through 8th grade Individual Tournament-

Registration fee: \$15.00 per Wrestler; NYWA memberships required (\$25 – can be purchased online)

Spectator Admission: Adults: \$5.00 Students: \$2.00

Weigh-ins

- Pre-k through 2nd grade from 8:00-9:30
- 3rd through 8th until 11:00

Wrestling starts at 10:15

- High School rules apply.
- 3- one-minute periods for PreK-6th grade
- 3- 1.5 minute periods for 7th and 8th graders
- 4-man round-robin
- Concessions will be available all day

Name: _____ Grade: _____

School: _____ Weight: _____

I hereby waive and release any and all right and claims for damage I may have against the Lakes Area Mat Rats Wrestling Club and their respected representatives for any and all injuries which may be suffered by my child in connection with participation in this tournament. I also waive and release the owners of the real estate where the tournament is to be held: and the agents, representatives, committees, and members from any claims to right to damage for injuries suffered by me whether by attendance or travel to the tournament site. I certify that my child is of the said age.

Signed: _____ Date: _____

(Parents or Legal Guardian Must Sign)