

## 2025 NYWA PK-8th Grade Individual Region 3 Tournament - Details, Rules & Information

**Date:** March 22, 2025

**Location:** Waconia High School - 1650 Community Drive, Waconia, MN 55387

### Tournament Rules:

- All tournament rules and policies are per NYWA's regulations and guidance (Northland Youth Wrestling Association) and can be found on the [NYWA website](#) here. Below are additional details of the rules of the Region 3 tournament.
- The following link from the website includes specific rules to the NYWA tournament series. [General Rules – NYWA – Northland Youth Wrestling Association \(nywa-mn.com\)](#).
- One exception, there could be some 32 man brackets given heavy interest & numbers in NYWA R3 this year.
- **Headgear is required as noted in the NYWA rules.**
- The Tournament Director, Tournament Operations Official, and Head Referee/Official will be responsible for enforcement of all tournament rules and policies.

### Qualification & Registration Requirements:

- Per [NYWA rules](#), qualification for the NYWA Region 3 K-8<sup>th</sup> Individual tournament is required, which can be achieved by placing top 2 at any district tournament in Region 3 (which includes for 2025...[Chaska](#) on 3/9, [Tartan](#) 3/9, [Delano](#) on 3/14, [Lester Prairie](#) on 3/15 or at an early bird qualifier which includes [Cloquet](#) on 2/2 or [WEM/JWP](#) on 2/9). See the NYWA website tournament calendar for dates.
- Exceptions: If total attendance is/was below a certain threshold at any Region 3 district tournament, all participants are auto-qualified to the Region tournament. The district tournament director at each event will announce if this rule applies at that event. In addition, all 7-8<sup>th</sup> graders that participate in any Region 3 district tournament (or the early birds) will auto-qualify to allow registration for the Region 3 individual event.
- Registration information and instructions for how to register (including the district code to use during region registration) for the NYWA Individual Region 3 Tournament will be handed out via paper flyer at awards at each District tournament.
- **Online registration (by the deadline) is the for the Region 3 Individual Tournament is required and only available via the [NYWA website](#).**
- **Registration must be completed by 9pm on Tuesday, March 18, 2025. No late registration will be allowed past this deadline, without exception.**
- Parents and wrestlers are encouraged to register immediately after qualification and to not procrastinate.
- Parents and wrestlers are all encouraged to read through carefully all the weigh-in rules below to ensure they select the proper weight class during registration.
- Post-registration weight changes can only be made by emailing your request to [info@nywa-mn.com](mailto:info@nywa-mn.com) and are allowed up through the registration deadline of Tuesday, March 18<sup>th</sup> @ 9pm. No exceptions.
- All registrants/participants should receive an email receipt/confirmation of their tournament registration by NYWA. This is different than the required NYWA membership. Upon registration completion, please review your records to ensure

confirmation of the NYWA R3 Tournament for all wrestlers in your family to ensure registration was completed properly. It is each wrestler/parent's responsibility to successfully complete registration on time by Tuesday, March 18<sup>th</sup> @ 9pm. No exceptions will be made consistent with prior years.

#### **Skin Checks / Medical:**

- It is expected that all athletes are competing at their parent's discretion/authority and must certify to be in good health to compete.
- All wrestlers must pass a skin-check prior to weigh-ins.
- Certified referees and officials will conduct skin checks and will be the final authority/decision maker on who is cleared to wrestle.
- You may bring a doctor's note if you are mitigating, or on a treatment plan for a skin infection. However, this may not guarantee your wrestler will be cleared to participate (especially if the infection is still active and contagious). All final decisions on skin infections and wrestler health eligibility to compete will be made by the head referee.
- Medical training staff will be available during the tournament competition to help triage health issues. Medical protocols will follow MSHSL tournament rules.

#### **Weigh-In Rules, Protocols, Schedule & Deadlines:**

- **All weigh-in rules are consistent and governed by NYWA rules.**
- Doors to the tournament will open to the public at 6:45am.
- The below weigh-in times have been posted on the District awards flyer and on the [NYWA website](#) and are FIRM and will not be extended for any reason.
- Weigh-In Schedule:
  - Session #1: PreK/K - 4th Grade; Weigh-ins are 7:00am - 8:30am. Wrestling starts @ 9:30am
  - Session #2: \*\*5th Grade - 8th Grade; Weigh-Ins are 11:00am - 12:30pm. Wrestling starts @ 1:30pm (or whenever session #1 is over)
- Without exception, all wrestlers must arrive on time and enter the skin check / weigh-in area by the deadlines listed above. \*\*5th-8th Grade wrestlers MAY NOT weigh-in early/before Session #2 weigh-ins begin.
- **Wrestlers arriving late/after the above weigh-in times will be disqualified/scratched from the tournament.**
- **No weight allowance will be given at weigh-ins.**
- Wrestlers must make the weight they registered (ex: 45lbs must make 45.0 or less). Wrestlers that are 0.1lbs or more over will be scratched/removed from the tournament and disqualified, no exceptions.
- Registration weight changes will only be allowed through 9pm on Tuesday, March 18<sup>th</sup>, 2025.
- A check-scale will be available to check weight outside of skin-checks.
- Once the wrestler has passed skin checks, they must proceed into the final weigh-in area, and their weigh-in weight amount is binding. Wrestlers will not be permitted to go back and try to work off more weight, go to the bathroom, etc. If a wrestler is

overweight, they may step on/off each of the 2 official weigh-in scales a maximum of 3x and the lowest weight will be their weight of record.

- Without exceptions, non-wrestlers (coaches, parents, families) will NOT be allowed in the designated official weigh-in area. Only registered wrestlers are allowed in the weigh-in area.
- All Region 3 athletes who are competing in the NYWA R3 K-6 Team Tournament on 3/23 will have their individual weigh-in count for the team event.

#### **Admissions / Coaching Passes & Mat-side Protocols:**

- Admissions cost for spectators includes \$5 for kids and \$10 for adults with cash, check, debit/credit card, Apple Pay and Venmo payments allowed.
- Coaching/Floor passes will be sold for an additional \$15 each and are required for coaches/parents/spectators that wish to be mat side.
- During competition, all mat side individuals (including non-competing wrestlers, relatives, friends, parents, siblings, coaches) will not be allowed inside the designated area without coaching/floor pass bands, no exceptions.
- Individuals with coaching/floor passes (and competitors now warming up) must kneel or remain sitting if mat side to allow bleacher-side spectators to watch the competition.
- Spectators/coaches that do not adhere to these policies may have their mat side coaching band/rights removed.

#### **Brackets & Tournament Operations:**

- All bracketing/seeding will be performed per NYWA rules and policies. All scoring and technical rules will follow MSHSL high school rules.
- K-6<sup>th</sup> grade brackets will include 1 minute periods and 7-8<sup>th</sup> grade brackets will feature 1:30 minute periods. MSHSL overtime and all other high school wrestling rules apply including: takedowns, near-fall, illegal holds, out of bounds rules, etc.
- Gold Country Officials Association will officiate all matches of the NYWA Region 3 Individual and Team Tournament.
- Brackets will be available on [trackwrestling.com](http://trackwrestling.com) following completion of weigh-ins for each session, with mat assignments included.
- Generally, all wrestlers will be assigned to 1 mat for the duration of the tournament. To ensure the tournament continues to move smoothly, a bracket may be moved to another one to maximize mat usage as the tournament progresses.
- Be sure to make note of your wrestler's bout #s to monitor when they will be up.
- Trackwrestling.com and PinTVs will be used for tournament operations. Additional TV monitors will be available for wrestlers, parents and coaches to monitor mat assignments.
- Competitors are expected to be ready to wrestle once "in the hole" or on "deck". If wrestlers are not at their mat timely, they will be announced 3x. After the 3rd time if the wrestler is not present at the mat ready to wrestle, their match will be forfeited and their opponent will win by forfeit.

**Wrestler/Coach/Parent/Fan Code of Conduct Behavior & Expectations & Consequences:**

- NYWA Region 3 Tournament Officials encourage all fans to treat each other with respect, win or lose and we hope to run a fair and fun tournament for all competitors and fans of the sport. All wrestlers, coaches, parents, families and fans are expected to maintain a high level of sportsmanship and respect for tournament officials, referees, opponents, other fans and all tournament workers. Pathways to understanding questionable calls, inconsistencies, scoring errors or other issues should be resolved with calmness, professionalism and each parent/coach is expected to be a good role model for all the wrestlers.
- Situations & Protocols involving bad behavior from coaches/parents OR competing athletes: All witnessed, unwarranted verbal abuse & physical contact with any tournament personnel, opposing athletes, or opposing coaches will be reviewed immediately by the tournament committee (Tourney Director, Operations Official & Head Referee) and follow the tournament sanctions protocol, which could include the immediate ejection of the person from the venue. All actions of this kind will also be escalated to NYWA for potential further sanctions.

Regards,  
NYWA Region 3 Tournament Officials & Committee